

Respiratory Department, Level C
Queen Alexandra Hospital
Southwick Hill Road
Cosham, Portsmouth
Hampshire, PO6 3LY
Tel: 02392 286000 ext. 4108



Date:

To the General Practitioner for:

Name:

DOB:

Address:

Dear Dr

Re: A multicentre non-blinded randomised controlled trial to assess the impact of Regular Early SPEcialist symptom Control Treatment on quality of life in malignant Mesothelioma - “RESPECT-Meso”

The purpose of this letter is to inform you that the above named carer has agreed and consented to take part in the ‘RESPECT-Meso’ study **as the main carer to a patient with mesothelioma.**

RESPECT-Meso is a UK based multicentre study examining the effects of early and regular specialist symptom control treatment on quality of life (QOL) in mesothelioma patients. We will randomise patients to usual care, or usual care with additional 4 weekly appointments with specialist palliative care (regardless of their symptoms or apparent need). No treatment will be withheld at any time.

A multicentre non-blinded randomised controlled trial to assess the impact of Regular Early SPEcialist symptom Control Treatment on quality of life in malignant Mesothelioma - “RESPECT-Meso”

We will assess patient and primary caregiver QOL. Patient QOL will be assessed at the time of recruitment and then 4 weekly up to 24 weeks. Carer QOL will be assessed at the time of recruitment and then at 12 and 24 weeks. We will also assess carer QOL 24 weeks after bereavement, should this occur during the study. Although the primary endpoint is patient QOL at 12 weeks we are very interested to learn if early regular palliative care can also improve carers QOL.

Both patients and carers are specifically and separately consented for this study.

This study has been granted a favourable ethics approval by the NRES London - Hampstead Committee, reference 12/LO/0078, dated 26 January 2012.

Should you wish to find out more about this study, please contact the local Principal Investigator and the Chief Investigator, Professor Anoop Chauhan at the address below.

Local Principal Investigator & Chief Investigator

Professor Anoop Chauhan

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